

# Go Higher

2003



GLOBAL ADVENTURES



# GO HIGHER GLOBAL ADVENTURES 2003

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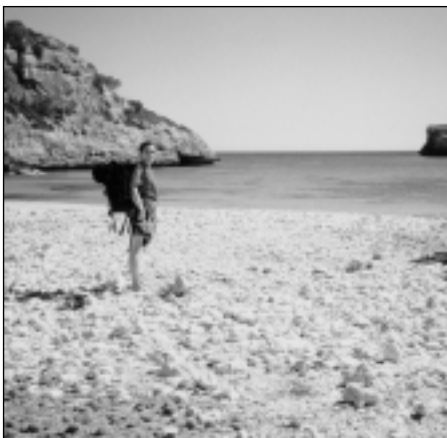
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# GO HIGHER IN MAJORCA, SPAIN

Majorca is popularly renowned for its wonderful climate, beaches and bars. For our thirteenth year running we will be escaping the British winter to enjoy the cooler temperatures of spring that make the island a veritable paradise for scramblers and climbers of all ages and abilities.

The descent of the Torrente de Pareis to Sa Calobra, involving some easy scrambling, is one of the most spectacular excursions on the island. Although only 300 metres high, the Serra de Cavall Bernat provides a fine, airy scramble; and when viewed from Cala Sant Vinçenç, is one of the loveliest evening views on Majorca.



Majorca limestone is rough and pocketed, and we offer climbs on a diverse range of well-equipped crags across the island. A favourite climb is Galatzo – the highest peak on the south of the island, which includes a fine pinnacle, climbed by an easy or intermediate route with a 150' abseil descent.

Sat 22 February 2003  
to Sat 01 March 2003



## Costs

### Included:

Go Higher holiday fee                      £456

Includes 6 days instruction and guiding, 7 nights s/c accommodation, transport between Palma airport and locally.

### Not included, but arranged by us:

Kitty for food                                      ~£30-50

We usually make up a kitty, shop locally and cook communally. Alternatively you may prefer to eat out in local restaurants some of the time. The choice is yours!

### Not included and arranged by you:

Return flight                                      ~£100

You need to book your own flight from the UK regional airport of your choice to Palma.

Travel Insurance                                ~varies

# GO HIGHER IN SARDINIA, ITALY

Sat 12 April 2003 to  
Sun 20 April 2003

Last Easter, we visited the lovely island of Sardinia for the first time. We went to the Gennargentu National Park on the east side of the island, climbing dozens of easy and middle grade routes on the rough limestone crags.

We so enjoyed the experience that we are returning this Easter to climb amongst the wild mountain scenery and enchanting bays along the west coast.



## Costs

### Included:

Go Higher holiday fee                      £548

Includes up to 7 days instruction and guiding, 8 nights self-catering accommodation, group car hire from Alghero airport and locally

### Not included, but arranged by us:

Petrol costs for hire car                      ~£30

Kitty for food                                      ~£30-50

We usually make up a kitty, shop locally and cook communally. Alternatively you may prefer to eat out in local restaurants some of the time. The choice is yours!

### Not included and arranged by you:

Return flight                                      ~£120-200

You need to book your own flight from the UK regional airport of your choice to Alghero, Sardinia. (e.g. Ryan Air offers London Stanstead <-> Alghero flights). Prices fluctuate and it is advisable to keep an eye on the net to snap up early season bargains.

Travel Insurance                                ~varies

# GO HIGHER IN CORSICA, FRANCE

Sat 10 May 2003 to  
Sat 17 May 2003

Corsica is a stunningly beautiful island unspoiled by the excesses of modern tourism. High craggy peaks and impressive gorges dominate the interior. Here we will explore the mountains and gorges, climb the crags, and in the evenings relax by the sea.

Corsica is our only sun rock destination where we get to climb on granite, and what granite it is! No blank slabs or off-widths, but wonderful formations abounding in perfect jugs and threads that allow us to climb in comfort on the grand spires of the Bavella Massif.

We will climb on well-equipped low-lying sport crags, where you get to learn the basics, hone your skills, or try your hand at leading. And being so close to the sea, we'll also find time to swim and snorkel in the sparkling waters of the Mediterranean.

## Costs

### Included:

Go Higher holiday fee           £520

Includes 6 days instruction and guiding,  
7 nights self-catering accommodation,  
transport between Figari airport and locally

### Not included, but arranged by us:

Kitty for food                     ~£30-50

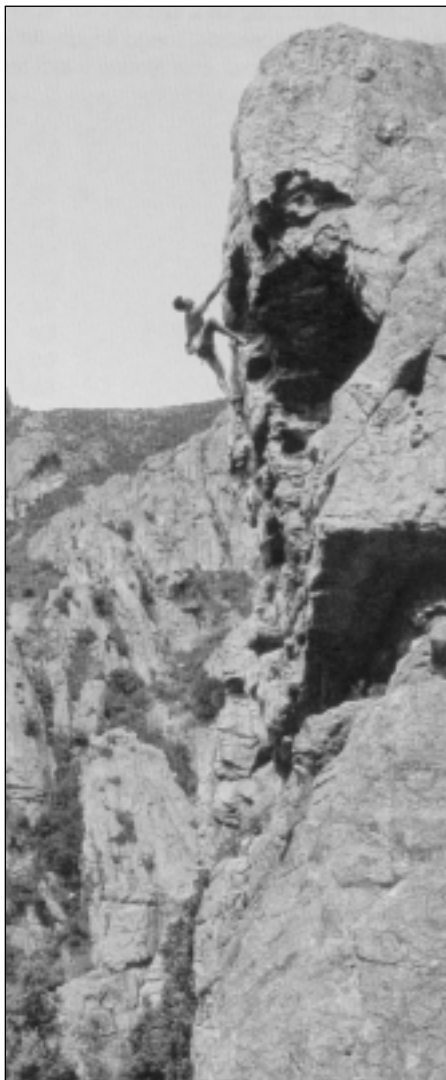
We usually make up a kitty, shop locally and cook communally. Alternatively you may prefer to eat out in local restaurants some of the time. The choice is yours!

### Not included and arranged by you:

Return flight                       ~£100-220

You need to book your own flight from the UK regional airport of your choice to Figari, Corsica.

Travel Insurance                 ~varies



# GO HIGHER IN THE DOLOMITES, ITALY

Sat 12 July 2003 to

Sun 20 July 2003

Trentino, lying in the heart of the Italian Alps is renowned for its good food and wine, towering spires, turbulent rivers, blue lakes and ancient castles. With the aid of via ferratas, we will scale the spires, admire their reflections in the lakes, then indulge ourselves in the evenings.

Via Ferratas ('Iron Ways') are well-protected routes made of iron rods, steps and wire cables fastened to the rocks. These allow the adventurous walker into the domain of the climber and share the exposure and exhilaration of ascending and traversing the steep walks and spires of the Italian Dolomites.

We will introduce you to the specialist equipment required, teach you basic safety, rope and climbing techniques. Then we will guide you on some of the finest routes in the Brenta Dolomites. You need no previous experience to enjoy this holiday.

We fly to northern Italy, pick up our hire car before driving to our base: Madonna di Campiglio, a lovely mountain resort.

The cable car will take us to the foot of our routes, and we will spend two or three nights in the well-appointed local mountain refuges.

## Costs

### Included:

Go Higher holiday fee                      £435

Includes instruction and guiding, hotel accommodation in Madonna di Campiglio, refugio accommodation, transport from airport and locally (except cable car).

### Not included, but arranged by us:

Kitty for food + dinners                      ~£115

We usually make up a kitty for packed lunches and breakfasts, plus we'll be eating out for our dinners in local restaurants or refugio.

Cable car    ~£20

### Not included and arranged by you:

Return flight                                      ~£100-150

You need to book your own flight from the UK regional airport of your choice to Brescia, Italy.

Travel Insurance                                ~varies



# GO HIGHER IN THE PYRENEES, SPAIN

**Sat 06 September 2003 to  
Sun 14 September 2003**

This spectacular walking holiday is based in two beautiful but vastly different Spanish national parks in the Pyrenees.

We fly to Barcelona and drive to Boi, a small village in Catalunya, at the entrance to the Parque Nacional d'Aigües Tortes i Sant Maurici.

This park is famous for its towering spires and necklace of small lakes. The wooded valleys are fringed with Romanesque churches, which give an air of permanence almost as great as the mountains.

From Boi we drive, and then walk up the wooded valley to the barrage, where the scenery changes and is reminiscent of Skye. We pass many jewel-like lakes on our walk to the Refugi de la Restanca, where we stay and explore.

On our return to Boi, we drive to Torla in Aragon, for our walks in the Parque Nacional de Ordesa y Monte Perdido.

This is one of the oldest and most dramatic of parks; an unspoilt mountain wilderness with canyons, peaks and waterfalls.

The Goriz refuge will be our base while we discover Monte Perdido and that most dramatic of Canyons, the Añisclo.

## Costs

### Included:

Go Higher holiday fee                      £443

Includes instruction and guiding, hotel B&B accommodation, refugio accommodation, transport from airport and locally.

### Not included, but arranged by us:

Kitty for food + dinners                      ~£130

We usually make up a kitty for packed lunches and breakfasts, plus we'll be eating out for our dinners in local restaurants or refugio.

### Not included and arranged by you:

Return flight                                      ~£100-150

You need to book your own flight from the UK regional airport of your choice to Barcelona.

Travel Insurance                                ~varies



# GO HIGHER IN KALYMNOS, GREECE

Sat 04 October 2003 to  
Sat 11 October 2003

The Greek island of Kalymnos, once famed for golden sponges, is now destined to be famous for golden rock. The locals describe their small, friendly island as a rock climbing paradise in the Aegean.

As you sail into the very heart of Pothia – past gleaming white houses and cafes which seem to overhang the harbour – and gaze at the perfect match of sun, rock and boundless blue sea, we think you will agree. That is even before discovering easy access to the crags, fine rock, and well-placed protection.

This is essentially a sports climbing holiday, but other activities include exploring the island, taking the 5-mile ferry ride to the Island of Telendos, walking or relaxing on the beach or in the friendly local tavernas.

We dine in local restaurants and travel the short journey to the crags on hired scooters (ride the bike yourself or go pillion!).

## Costs

### Included:

Go Higher holiday fee                    £433

Includes 6 days instruction and guiding, 7 nights accommodation in shared twin bedded apartments, transfers between airport / sea ports, local transport (scooter hire & fuel). Single room supplement = £58.

### Not included, but arranged by us:

Kitty for food + dinners                ~£90

We usually make up a kitty for packed lunches and breakfasts, and for dinner there are a variety of low cost restaurants offering local Greek food as well as pizza, hamburgers etc. Our accommodation has basic cooking facilities in which breakfast & simple meals may be prepared.

### Not included and arranged by you:

Return flight                                ~£100-150

You need to book your own flight from the UK regional airport of your choice to Kos, Greece.

Travel Insurance                         ~varies





# GO HIGHER TREKKING IN SIKKIM, INDIA

Sat 25 October 2003 to  
Fri 21 November 2003

Our 28-day Himalayan expedition will take us to Sikkim, a beautiful corner of India bordered by Tibet, Nepal and Bhutan.

Sikkim is a naturalist's paradise, ranging from semi-tropical valleys, through oak and rhododendron forests, to snow peaks and glaciers. It has a unique blend of many cultures, and the protective deity of the Sikkimese – Kangchenjunga, the world's third highest mountain – dominates the landscape.

We begin our journey in Darjeeling; a reminder of the days of the British Raj. After a day's sightseeing, we cross the border into Sikkim and begin our trek.

We follow the Singalila Ridge, renowned as one of the most scenic walks in the Himalaya, with views ranging to Everest, Lhotse and Makalu and closer at hand Kangchenjunga and Jannu.

Our trek takes us through Singalila National Park – home to Crimson Pheasants and the endangered Red Panda – traversing over alpine ridges and passes first opened in 2000.

We will stay in a variety of delightful campsites, and arriving at Dzongri (4,030m), we will pitch camp among the awesome presence of no less than 14 peaks rising to over 20,000ft! Here we'll explore the Rathong Glacier, before dropping to cross the Ongathang River and then ascending under the jagged walls of Pandim to the holy Samity Lake. An early morning climb will take us to the Goecha La, where we look straight up

to the hanging glaciers of Kangchenjunga's dramatic southeast face.

We then return to Yoksum via Thangsing and Tshoka. Now ready to spoil ourselves, we can enjoy the atmosphere of the fine old colonial hotels, visit exotic bazaars, Tibetan Buddhist temples and tea gardens in the capital Gangtok and the fine old trading station Kalimpong.

As usual we will trek at a leisurely pace, taking ample time to acclimatise, explore our surroundings, and soak up the local culture and atmosphere.

For those of you who have not the vacation allowance to complete our full trek, we can offer a 23-day itinerary.

**Minimum party required for trek = 6.**

## Costs (twin-share, 28 days)

### Included:

Go Higher holiday fee £1,353

Includes local transfers between hotels & airports, 7 nights' accommodation in hotels, transport to and from roadhead, all trekking arrangements (e.g. trekking permits, guides, porters, camping equipment, food).

Single supplement £120

### Not included and arranged by you:

Return flight ~£620

You need to book your own flight from the UK regional airport of your choice to Calcutta, India.

Indian Visa ~30

Food when in hotels ~90

Travel Insurance ~90

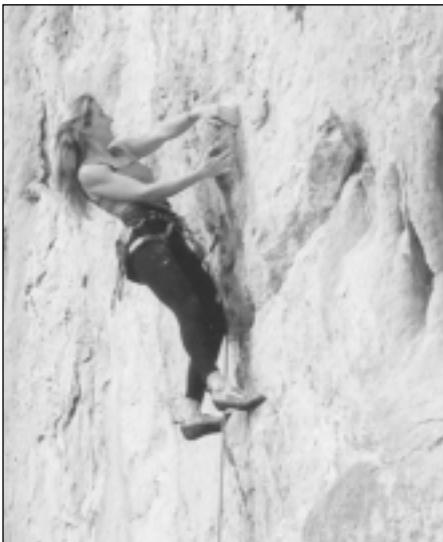
# GO HIGHER IN ANDALUCIA, SPAIN

Sat 29 November 2003 to  
Sat 06 December 2003

**El Chorro, Spain:** another one of our favourite destinations! Escape the short dark days of British winter, come and climb with us on warm limestone crags, or walk with us in the Parque Naturales of Andalucia, Spain's most southerly province.

Our base, El Chorro, is easy walking distance from a considerable variety of climbing in all grades, and a number of walks also begin on our doorstep. A short drive opens up a wealth of walking and climbing. This holiday is suitable for beginners and experienced climbers and walkers.

We will stay in a comfortable self catering chalet at Finca La Campana, El Chorro, where we will be able to enjoy lovely log fires in the evenings and get the latest crag chat from our genial hosts John and Christine.



## Costs

### Included:

Go Higher holiday fee                      £442

Includes 6 days instruction and guiding,  
7 nights self-catering accommodation,  
transport from Malaga airport and locally.

### Not included, but arranged by us:

Kitty for food + dinners                  ~£30-50

We usually make up a kitty, shop locally and cook communally. Alternatively you may prefer to eat out in local restaurants some of the time. The choice is yours!

### Not included and arranged by you:

Return flight                                      ~£100

You need to book your own flight from the UK regional airport of your choice to Malaga, Spain.

Travel Insurance                                ~varies

# NOTES AND CONDITIONS

Our holidays are suitable for both beginners and experienced climbers and walkers. Age, fitness, and level of experience are not barriers to enjoying our global adventures, as we can cater for all your particular needs.

## What's Included and What's Not

The prices in this brochure list three components of your holiday cost:

- Included;
- Not included but arranged by us; and
- Not included and arranged by you.

In general terms, Go Higher's fee includes guiding and instruction, accommodation charges, internal transfers, and the technical equipment necessary (e.g. climbing rope, helmet, harness) to take part in our holiday activities.

Items NOT included in our fee, but which we arrange on your behalf include: meals, trekking permits, and some transport charges.

In the case of meals, we try to be flexible to account for individual needs. We usually make up a kitty, shop locally and cook communally when we are staying in self-catering accommodation. In other cases we eat out in local restaurants.

Finally, there are some items which you must arrange and pay for yourselves; in most cases your flight (or other form of transport) to and from the holiday destination, and travel insurance which includes coverage outdoor adventure/mountaineering activities.

There are some exceptions to the above (e.g. meals are included in trekking charges), and the specific inclusions and exclusions are listed under each holiday.

## Booking Your Flights

Our holiday fee does NOT include flights. You are responsible for booking and paying for flights to and from the holiday destination. Prices can fluctuate widely and it is therefore a good idea to keep an eye on the net to snap up early season bargains.

Note, however, that we are generally happy to make flight arrangements on your behalf, and it is advisable to consult with us when booking flights, as we can often suggest good deals, and when possible, arrange for you to be on the same flight.

## Travel Visas and Vaccinations

Unless otherwise advised, it is your responsibility to obtain travel visas (where required), plus medicines and vaccinations required to travel to the countries listed in this brochure.

## General Booking Conditions

**Payment:** A non-returnable deposit of £50 per person for UK holidays or £100 per person for overseas holidays is payable at the time of booking, with the balance due 4 weeks before the holiday begins.

**Cancellation:** Charges will be made at the following rates: 28 days prior to holiday = deposit; within 27 days = 50% of the Go Higher fee; from the first day of holiday = 100% of the Go Higher fee.

**Changes:** Go Higher reserves the right to alter, amend, or cancel any activities should the weather or any other situation demand this. In the unlikely event of your holiday being cancelled by us, your full payment will be refunded.

**Insurance:** There are dangers in all mountain activities. Our aim is to minimise the risks and help you enjoy the mountains as safely as possible. Jim Morgan carries professional liability insurance.

We strongly recommend that you also take out adequate personal insurance against cancellation, accident, loss of luggage/equipment, etc. In the case of overseas holidays this should include rescue and recovery insurance.

Personal insurance that covers outdoor pursuits can be obtained through:

The British Mountaineering Council (BMC),  
telephone 08700 104 878; or

Harrison-Beaumont Insurance,  
telephone 01993 700 200.

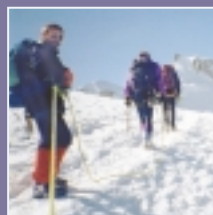
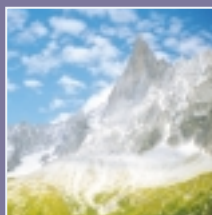
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For  
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